

WHAT CLIENTS SAY...

"Jennifer's coaching has been a key ingredient in helping me meet my goals in all areas of my life. With her help and LYV I have experienced great peace in my life, clarified what I want, and developed my own intuition. I highly recommend Jennifer. She is an amazing life coach!"

C. Mandeville

"Jennifer was able to go to the heart of my words, to articulate back to me the language of my longing, and to question me in a way that left me empowered. She helped me to see for myself not only my own unique potential, but also of the absolute necessity in striving forward toward my dream. These skills go beyond a coach's training. This glistens of Gift."

J. Mainstone

"Over the years I have done a tremendous amount of personal growth work. And most of it while effective was just that, work. The LYV process has been the gentlest process that I have ever experienced. You made it spontaneous, easy and fun! The process itself works because there is this continuous link between the highest soul vision and the physical reality in which the higher self lives. As a result of this weekend I feel relaxed and at peace in a way I never had. Rather than walking away with only a lofty sense of who I am at my essence, I am walking away with aspirations, intentions and concrete, doable action steps which will support me in living my purpose every day !!"

D. Bosteder

About Jennifer Starr...



Jennifer is a Master Certified Coach (MCC), Coach Mentor (CMC), an experienced group facilitator, certified in Expressive Arts, SoulCollage®. She is a course leader at *inviteCHANGE®*, a coach certification training and leadership development organization dedicated to the integration of the transformative coaching paradigm into everyday living.

Her passion is to intuitively facilitate people in getting clear about their life vision and soul's purpose, helping them find, live & stay in their divine brilliance for joyous, fulfilling lives. Her playful, creative and powerful style inspires self-acceptance, personal empowerment and infinite possibilities. Her gift is to bring play and fun back into life while staying connected to meaning and purpose.

Contact
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Authentic Presence®

A powerful process for people
who are passionate
about living life more fully

*Your vision will become clear only
when you look into your heart. Who
looks outside, dreams. Who looks inside,
awakens .-- Carl Jung*

Jennifer Starr, MCC
Authentic Presence® Facilitator

WHAT IT'S ABOUT...

Produce and sustain extraordinarily positive results while appreciating the journey through self awareness, personal growth and self-mastery.

Authentic Presence® is a complete package: a transformative process and life long system consisting of tools, resources and strategies that support living a life aligned with your inner brilliance and highest potential.

AUTHENTIC PRESENCE® IS FOR:

- Visionary leaders who want to make extraordinary contributions in the world.
- People who want to bring a dream to life, such as a new business, a new career or a creative project.
- Those who want to experience more balance and spiritual connection.
- People who are in transition and want to navigate the change gracefully and powerfully towards living their ultimate life.
- Anyone who wants to experience greater satisfaction, fulfillment and balance, personally or professionally.
- Create or transform more open, honest and balanced relationships.

HOW IT WORKS...

The **Authentic Presence®** process is a highly experiential learning platform, composed of three phases.

Phase one is a highly interactive, in-person or web based workshop called **Discover Your Essence and Pathway®**. As your coach and champion, I will guide you through a process to discover your essence, pathway & mission, and clarify your core values and guiding principles.

Phase two is **Authentic Presence® Life Map Planning**, also in-person or web platform, where you will design your personal **Life Map**.

Phase three is **Authentic Presence® Implementation and Integration**, which involves twelve weeks of on-going coaching that supports you to step into action, move through any potential challenges and celebrate your successes.

AUTHENTIC PRESENCE® CONTRIBUTES TO...

...a world in which **everyone** is living a rich and fulfilling life, living in personal and professional sovereignty.

The **Authentic Presence®** process provides AWARENESS of essence, CLARITY of vision, ALIGNMENT with purpose, and commitment to ACTION, for sustainable and satisfying RESULTS.

Transformative coaching with Jennifer provides a safe, playful and magical environment of commitment, respect and belief in your inherent wisdom, wholeness, resourcefulness and unique genius!

Within this co-created partnership:

- Bold curiosity and powerful questions uncover limiting beliefs, and...
- Shine the light on an unlimited field of possibilities, that...
- Generates conscious choice and lasting change.

WHAT YOU GET...

- A comprehensive inventory to help you prepare for the AP® process
- 8-10 hours of expert facilitation of the Authentic Presence
- **Authentic Presence** workbook with tools, forms and resources.
- Clear and compelling guiding statements as a core touchstone to guide your life
- A detailed Life Map outlining your intentions, choices and actions in nine key areas of life.
- 12 Sessions of professional coaching.

BEGIN LIVING A RICHER, MORE AUTHENTIC LIFE NOW!

For pricing and scheduling call
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